



Welcome To Kaizen Beauty



PRICE LIST

BOOKINGS: 01564 400 147

www.kaizenbeauty.co.uk



SKIN THERAPIES

Kaizen Beauty uses the revolutionary DERMALOGICA Skin Care System to create a highly personal and memorable skin care experience. Each one of our facial treatments are designed to induce total calm and relaxation whilst addressing your specific skin concerns and delivering unparalleled results. You are unique and so too are your skin care needs, every treatment is customised to the individual on every visit and thus delivers great results time after time. It's all about YOU, your experience, and our passion.

PRO ULTIMATE SKIN TREATMENT

The unbeatable combination of double cleansing, powerful exfoliants, serum concentrates, essential oils and botanicals, intensive treatment masques, customisable additives and compatible electrical modalities means that great skin is an inevitable achievement. Customised to your specific skin needs on the day, this treatment is never quite the same each time you receive it. Bespoke tailoring at its highest level!

POWER REGENERATION TREATMENT

This is an intense multi-vitamin enriched exfoliation system which smoothes and nourishes drier, prematurely ageing or photo/sun damaged skin conditions. The rich lipid base absorbs readily into the deeper layers of the skin, where it not only exfoliates thoroughly but also delivers essential vitamins to enhance cell regeneration, collagen stimulation and skin firming, whilst leaving the complexion soft and radiant.

MEDICATED CLEARING TREATMENT

This is a very effective treatment for what is now a fast growing skin condition due to the modern day hectic and often stressful lifestyle. Adult onset acne, also acne breakouts, comedones and generally congested skin conditions are targeted with professional strength products to purify and detoxify the skins surface, whilst active ingredients remedy current blemishes, soothe inflammation, reduce redness and clarify the skins surface. The nature of the formulas then continue working long after the treatment to heal, prevent future breakout activity and promote consistently clear skin.

ULTRA CALMING TREATMENT

This super soothing treatment is very gentle yet effective enough to make a considerable difference to skin conditions which are notoriously challenging. Perfect for clients with reactive, hyper-reactive, sensitive or sensitised skin conditions, its main purpose is to calm, rehydrate and smooth the skin with zero irritation. It forms an essential part of any programme designed to aid in repairing the skins natural protective barrier, recovering long term skin health and providing relief of long term inflammation and redness.

ALL TREATMENTS & COURSES

Pro Ultimate Skin Treatment, Power Regeneration Treatment, Medicated Clearing Treatment & Ultra Calming Treatment

30 mins.....	£35.00	COURSE OF 6.....	£175
60 mins.....	£60.00	COURSE OF 6.....	£300

INTENSIVE EYE RESCUE TREATMENT 30 MIN

This effective treatment is perfect for calming and soothing tired eyes leaving them feeling smooth, hydrated and rejuvenated. With gentle exfoliation, the use of ultra hydrating complexes, specific drainage massage techniques and a cooling eye masque to firm and reduce puffiness... Your eyes have never looked or felt better.

SINGLE TREATMENT	£30
COURSE OF 6	£150

REVITALISING HAND REPAIR TREATMENT 30 MIN

The first place to show signs of ageing are your hands, so take some time to assist in their recovery and protect them against future damage. Help your hands to recover from dryness, sun damage and neglect with this super nourishing treatment which utilises maximum strength exfoliants, moisture- rich botanicals and heated hand mittens to reveal smooth, soft and more youthful hands.

SINGLE TREATMENT	£30
COURSE OF 6	£150

EYE ESSENTIALS

'Windows to the soul', our eyes express our lives, our moods and our feelings. They communicate with the world around us, so why not give them the attention they deserve.

Accentuate, define, create your look. From shaping and tinting, let your eyes do the talking for you.

HD BROWS BY Mii STYLING SYSTEM

Professional tailored treatments include an in depth consultation, tinting, waxing and the application of finishing products to deliver beautifully shaped brows.

Full service.....£45 Maintenance£25

EYE TREATMENTS

Eyebrow shaping.....£15 Eyebrow shape & tint£25

Eyelash tint.....£25 Eyebrow tint.....£12

Eyelash & brow tint.....£35

Eyelash & brow tint, brow shape£40

A patch test is required 24 hours prior to your first tinting treatment

NATURAL NAIL CARE

With Jessica you will love the nails you were born with. Award winning formulations make it the ultimate in nail nutrition and the GELeration Gel Polish System delivers a long lasting, flawless finish that is dry in seconds and offers up to 3 weeks extended wear.

DELUXE JESSICA MANICURE

Enjoy the benefits of the luxurious LeRemedi Hand and Arm Treatment including the application of an intensive serum, a nourishing mask and glorious heated gloves. Afterwards, cuticles are cared for, nails are shaped then finished with your chosen polish, if desired. Your hands will be smoother, silkier & firmer than ever before.

75 minutes.....£50

CLASSIC MANICURE

This ageless beauty treatment includes a hand exfoliation, hand massage, cuticle care and nails are then shaped and finished with your chosen polish.

60 minutes.....£35

With GELeration gel polish£40

GELERATION GEL OVERLAY MANICURE

Includes hand exfoliation, massage, cuticle care, nail shaping and the application of a clear supporting gel to encourage healthy & strong nail growth. Nails are finished once again with your chosen polish.

60 minutes.....£50

DELUXE JESSICA PEDICURE

Fabulous feet will be yours after this luxury revitalising treatment. Tired feet are soaked, hard skin removed, then a soothing massage is performed before placing the feet in glorious heated booties. Cuticles are cared for, nails are shaped and then finished with your chosen polish if desired.

75 minutes.....£55

CLASSIC PEDICURE

This beauty essential includes an invigorating exfoliation, hard skin smoothing, a relaxing foot massage, cuticle care and then the nails are shaped and finished with your chosen polish.

60 minutes.....£40

With GELeration gel polish£45

JESSICA SHAPE AND POLISH

Hands or feet are moisturised, cuticles cared for, and nails are then shaped and finished with your chosen polish.

35 minutes.....£30

WAXING

The Australian Bodycare wax is one of the gentlest products available and combined with advanced waxing techniques, provides you with extremely hygienic and comfortable waxing.

Full leg£40 Hollywood bikini£35

Thigh£30 Brazilian bikini£27

Lower leg£25 High leg bikini£20

Full arm£35 Underarm£15

Forearm£20 Lip or chin£10

BODY THERAPIES

Restoring your body's balance naturally.

It's not about indulgence, (well, sometimes it is..!) it's actually about an 'in harmony' sense of physical wellbeing. Massage therapies and deep exfoliation, purify and maintain the greatest living part of your body, your skin, and Indian head massage wiles away life's stresses.

SENSORY SOOTHER

Time to chill with this wonderfully indulgent and relaxing treatment. Simply drift away as your entire body, scalp and feet are gently massaged with a relaxing blend of aromatic oils, leaving you with an overwhelming sense of well-being.

75 minutes £70

TOTAL BODY BALANCE

Ease away tension, aching muscles and a fatigued body with precision massage movements and a blend of customised nourishing oils. By the end of the treatment you will be totally relaxed, recovered and revitalised.

Full body or a specific area 60mins, £55

Back, neck and shoulders or a specific area 30mins, £35

ORIENTAL HEAD MASSAGE

A beautifully light and soothing massage performed over the scalp, face, neck and shoulders to induce true relaxation of the mind and body. The 60 minute treatment begins with relaxing massage movements across the back, then into base of the neck and continues onto the head massage.

30 minutes £35 60 minutes £55

NEW ELECTRO CELLULITE MASSAGER (ECM)

30 - 40 MINS

The CACI ECM gives instant lifting and contouring of the buttocks and toning of the thighs. The microcurrent stimulates tired and unworked gluteal muscles whilst stimulating circulation and lymphatic drainage to the legs. Re-invigorating these areas improves muscular tone, shape and offers a visible lifting of the bottom. In addition, ECM helps with the reduction of cellulite for smoother and firmer thighs.

COURSE OF 10 £360 SINGLE TREATMENT £40



FOR GENTLEMEN

Male Grooming is still undergoing a revolution and is possibly the fastest growing sector for the beauty industry.

Younger or older, it's all about physical health and well-being as well as keeping you looking 'on top form'. Skin revitalising facials, well kept hands and feet and the removal of unwanted hair, will bring confidence and get you noticed.

MEN'S SKIN FITNESS TREATMENT

A skin treatment designed specifically to address the concerns unique to men, such as ingrown hairs, congestion and sensitivity due to life style & shaving habits. Your skin will be deep cleansed, soothed and smoothed leaving it clear and refreshed, whilst a relaxing neck and shoulders massage will ease tension and tightness.

50 minutes£50

30 minutes£35

MALE WAXING

Back£30

Chest£30

Eyebrow grooming£15

EXECUTIVE MANICURE

Hands are massaged, cuticles groomed, nails are shaped, buffed and conditioned.

30 minutes£30

EXECUTIVE PEDICURE

Includes hard skin smoothing, foot massage, cuticles groomed, nails are shaped, buffed and conditioned.

45 minutes£40

TEENS

At a time in their lives, when their body and their perceptions are undergoing constant change, a healthy self-image can perform a world of good.

Skin concerns can be addressed and any problem areas can be targeted with products designed specifically for young skin.

REBALANCING FACIAL

Reveal a healthy, clear skin with this targeted MicroZone treatment for young clients with specific concerns. The Clear Start range for younger, breakout-prone skin is a sophisticated group of products with gentle formulations that get the job done without irritating or drying. Oil absorbing, pore cleansing and skin refining, this is a perfect introduction to skin health.

30 minutes£30

PACKAGES AND VOUCHERS

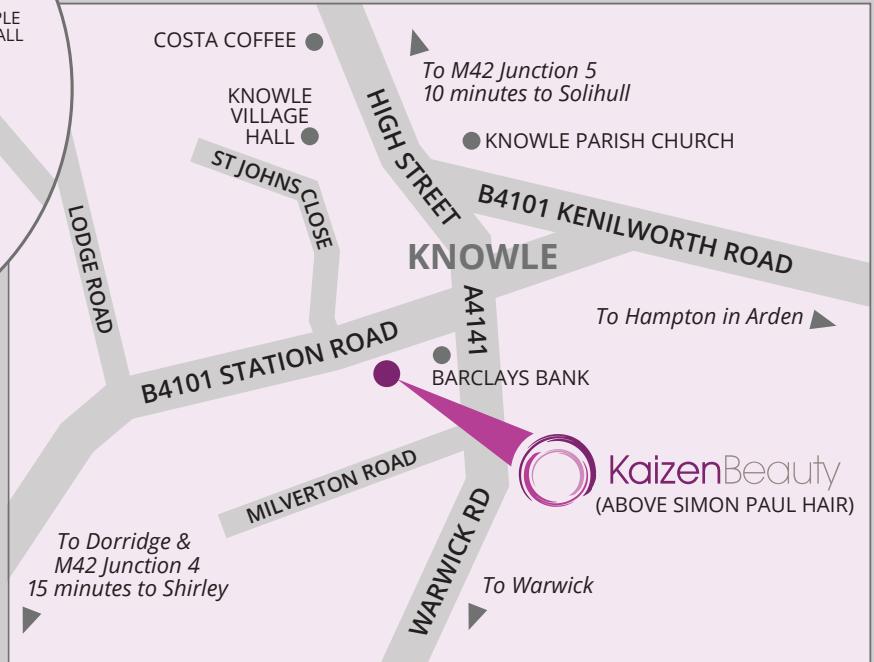
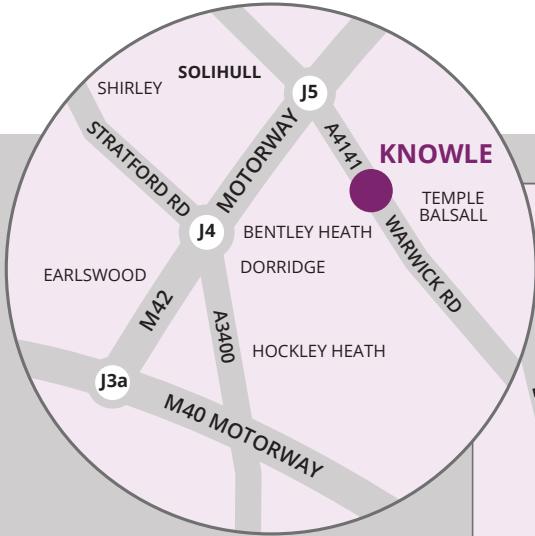
BESPOKE TREATMENT PACKAGES

Why not choose your favourites from the Treatment Menu and create a totally individual experience for yourself or someone special. Please check out our Facebook page for the current Special Offers.

GIFT VOUCHERS

The perfect gift for special occasions. Choose something specific from the treatment menu or leave your recipient free to select their own.





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